

CLAIMS



1. A pharmaceutical composition which comprises an insulin sensitizer in combination with an anorectic.

2. A pharmaceutical composition according to claim 1, wherein the insulin sensitizer is a compound of the formula:

$$R-(Y)_{m}-(CH_{2})_{n}-CH_{0}$$

$$R = \frac{1}{C}$$

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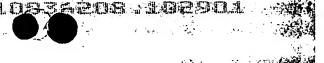
wherein R represents a hydrocarbon group or a heterocyclic group, each of which may be substituted; Y represents a group of the formula: -CO-, -CH(OH)- or -NR³- where R³

15 represents an alkyl group that may be substituted; m is 0 or 1; n is 0, 1 or 2; X represents CH or N; A represents a chemical bond or a bivalent aliphatic hydrocarbon group having 1 to 7 carbon atoms; Q represents oxygen or sulfur; R¹ represents hydrogen or an alkyl group; ring E may have further 1 to 4 substituents, which may form a ring in combination with R¹; L and M respectively represent hydrogen or may be combined with each other to form a chemical bond; or a salt thereof.

25 3. A pharmaceutical composition according to claim 1, wherein the insulin sensitizer is pioglitazone hydrochloride, troglitazone, rosiglitazone or 4-[4-[2-(5-methyl-2-phenyloxazol-4-yl)ethoxy]benzyl]isoxazolidin-3,5-dione.

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- 4. A pharmaceutical composition according to claim 2, wherein the compound of the formula (I) or salt thereof is pioglitazone hydrochloride.
- 35 5. A pharmaceutical composition according to claim 1, wherein the anorectic is a central anorectic.



M

6. A pharmaceutical composition according to claim 5, wherein the central anorectic is mazindol.

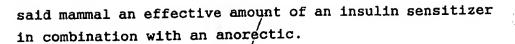
- 7. A pharmaceutical composition according to claim 1, wherein the insulin sensitizer is pioglitazone hydrochloride and the anorectic is mazindol.
- 8. A pharmaceutical composition according to claim 1, 10 which is for preventing or treating diabetes.
 - 9. A pharmaceutical composition according to claim 8, wherein the diabetes is noninsulin-dependent diabetes mellitus.
 - 10 A pharmaceutical composition according to claim 2, wherein the compound of the formula (I) or salt thereof is troglitazone.

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- 11. A pharmaceutical composition according to claim 2, wherein the compound of the formula (I) or salt thereof is rosiglitazone or its maleate.
- 12. A pharmaceutical composition according to claim 1, which is for preventing or treating diabetic complications.
 - 13. A pharmaceutical composition according to claim 1, which is for preventing or treating impaired glucose tolerance.
 - 14. A pharmaceutical composition which comprises an insulin sensitizer and is used in combination with an anorectic.
- 35 15. A method for preventing or treating diabetes in a mammal in need thereof, which comprises administering to



- 16. A method for preventing or treating diabetic complications in a mammal in need thereof, which comprises administering to said mammal an effective amount of an insulin sensitizer in combination with an anorectic.
- 17. A method for preventing or treating impaired glucose tolerance in a mammal in need thereof, which comprises administering to said mammal an effective amount of an insulin sensitizer in combination with an anorectic.
- 18. Use of an insulin sensitizer for the manufacture of a pharmaceutical preparation for treating diabetes which is used in combination with an anorectic.
- 19. Use of an insulin sensitizer for the manufacture of a pharmaceutical preparation for treating diabetic complications which is used in combination with an anorectic.
- 20. Use of an insulin sensitizer for the manufacture of a pharmaceutical preparation for treating impaired glucose tolerance which is used in combination with an anorectic.
 - 21. A method for reducing the side effects of an insulin sensitizer or/and an anorectic administered to a diabetic mammal, which comprises administering to said mammal an effective amount of them.